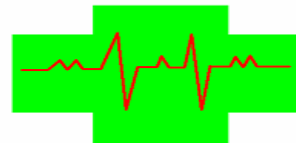


EFA + TRAINING LTD

Emergency First Aid + Training

NEWSLETTER FOR FIRST AIDERS



## PAEDIATRIC AND CHILD CARERS FIRST AID TRAINING

### (New Statutory Guidance for Schools)

The Early Years Foundation Stage (EYFS) will come into effect from September 2008. From this date all schools will be required to have at least one member of staff with the 12 hour Paediatric First Aid certificate. As always schools will need to make contingency plans to cover school trips and staff taking holidays etc.

We can deliver this course at your venue if needed, The course can also course be run over a number of evenings. If you are able to host a course we will give you a free place. Funding is also available.

Please call the office for more details.

### HOW DO I BOOK A COURSE?

Give us a ring on 01373 823424 or book online at [www.efa-training.co.uk](http://www.efa-training.co.uk)

## FIRST AID SUPPLIES

Building on the success of our first aid courses we are now able to supply you with your first aid equipment and supplies. We have produced an 8 page catalogue which lists the essentials making it quick and easy to replace any used items.

Our first aid manuals have proven to be very popular, and these can also be obtained from us.

To order a **FREE** catalogue call us on 01373 - 823424.

## TRAIN THE TRAINER COURSES

Company's who wish to run there own in-house training and qualifications benefit from our Instructor courses. The course allows you to instruct and qualify your own staff without having to go outside your company to look for providers.

Successful students are issued an instructor resource pack giving you everything you need to run your own course including lesson plans and a CD with Power Point Presentations. We can also help you with training materials such as dressings, CPR Manikins and Casualty simulation equipment.

Certification is a simple process through EFA Training.

For details call the office and ask for **Nigel**.

## MALCOLM'S STORY

Malcolm is an adult leader with the Wiltshire Army Cadet Force who attended a first aid course with us.

This is his story.

Whilst waiting for a train at Westbury train station I became aware of people gathering around an elderly man who had collapsed. The people around were frantic and one of them was trying to give first aid. I could see at a glance that he was a bit mixed up and what he was trying to do was ineffective so I rushed to help.

I told them I was first aid trained and I could help. I checked him all over as I have been trained and found he had difficulty in breathing. A bystander had already called for the emergency services and so I started try and clear the airway as I had been taught.

The gentleman was breathing even though with some difficulty, so I placed him in the recovery position and continued to monitor him. I soon realise that he had now stopped breathing and no signs of life were evident. By this time there were two other volunteers who were happy to help so we rolled him onto his back and started to resuscitate. Initially I was at the head however I saw that the chap who was doing chest compressions was ineffective, as he was not pushing deep enough or fast enough and so we changed places. After a while I started to become tired as my trainer had warned me of on my course and so I asked someone else to take over and gave him instructions as to what to do. I then resumed CPR after a short break. It took about 10 minutes for the emergency services to get to us.

When they arrived the casualty was defibrillated successfully and went to hospital. The Paramedics said defibrillation worked because the CPR given by us was effective.

"Malcolm said the skills learnt from my course at EFA Training worked"

## DOMINIQUE'S STORY

Dominique is a Soldier who attended a first aid course with us. Recently Dominique was able to help someone who was in desperate need.

This is her story.

Dominique was on duty in the medical station when a soldier appeared who had severed /crushed his thumb in an accident. Using her skills and knowledge learnt from her course she managed to stem the bleeding from the hand and look after the severed thumb correctly so as it had a chance of being sewn back on. Throughout the whole incident Dominique was very aware of the danger of the soldier going into shock and took steps to try and prevent this.

The Doctors have said that the Thumb stands a good chance of being replaced due to the initial first aid being effective.

The soldier has expressed his gratitude to Dominique.

"The end result was the training worked"

## USED YOUR SKILLS YET?

If you have used your first aid skills to help someone, let us know and we will can tell your story in our next Newsletter.