

**EFA + TRAINING LTD****EMERGENCY FIRST AID + TRAINING****NEWSLETTER FOR FIRST AIDERS****HEALTH & SAFETY - FIRST AID TRAINING, QUALIFICATIONS & PROVISION**

On the 1<sup>st</sup> Oct 2009 the following new first aid qualifications and categories of "Qualified First Aid" staff in workplace came into effect. There are now only 2 levels of qualified first aiders for the work place. These are EFAW & FAW. This brief has been produced to help employers understand and be aware of the changes.

**Emergency First Aider at Work (EFAW) (1 Day Course)**

This new qualification replaces the old Appointed Persons course. The qualification is designed to cover the lower risk category.

**First Aider at Work (FAW) (3 Day Course)**

This new 3 day course replaces the old 4 day course. The qualification is designed to cover the higher risk category.

**Re-Qualification Training**

Both the EFAW and the FAW courses require Re-Qualification training every 3 Years. EFAW (1 Day) and FAW (2 Days)

**Refresher Training course (3 hour Course)**

This new course is refresher training for both EFAW & FAW. HSE recommends that this should be done annually.

Refresher training is not mandatory, however if something should go wrong and as a result of an enquiry the first aider is found to be ineffective in any way, an employer will have to explain and justify to the HSE why they did not attend any refresher training.

**The Appointed Person**

A person may be appointed to take care of the first aid equipment ensuring that it remains fully stocked and up to date. They may also be responsible for calling the emergency services. The person appointed for these duties will not require any first aid training and has no recognised qualification.

**The New Categories of Risk**

There are now only 2 categories of Hazard (Risk)

**Lower Hazard**

Shops, Offices, Libraries etc.

**Higher Hazard**

Light engineering, Assembly work, Food processing, Extensive work with dangerous machinery or sharp instruments, Construction, Chemical manufacture, work involved with special hazards such as hydrofluoric acid. Working in confined spaces. Any type of work or activity where if something went wrong it could lead to a serious injury.

**HSE Recommendations for First Aid Provision****Low Hazard**

Less than 50 = First Aider (EFAW) (At least **One**)  
More than 50 = First Aider (FAW) (At least **One & One** per 100 employees or part thereof).

**Higher Hazard**

5 – 50 = First Aider (FAW or EFAW) (Based on hazard level)  
More than 50 = First Aider (FAW) (At least **One & One** per 100 employees or part thereof).

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## Numbers of First Aiders in the Workplace

Remember

Although these proposed changes may indicate some reduction in the number of FAW First Aiders it also gives more flexibility to employers.


For example an employer may decide to send 3 people on a 1 day EFAW course rather than 1 person on a 3 day FAW course (particularly in Industries where there are lower hazards). This will give the employer more flexibility and more cover.

Also the type of injuries that might arise in working with the potential hazards will influence whether the first aider will be trained in EFAW or FAW.

HSE also recommends that members of the public who may visit your workplace should be taken into account when determining provision.

The 2 tables below show the training and qualification cycle over a 3 year period.

FIRST AID AT WORK (FAW) 3 YEAR TRAINING & QUALIFICATION CYCLE			
PERIOD	COURSE	COURSE DURATION	CYCLE
Initial Course	First Aid at Work Course	3 Days	
Year 1	Refresher Course	3 Hrs	
Year 2	Refresher course	3 Hrs	
Year 3	FAW Requalification Course	2 Days	

EMERGENCY FIRST AID AT WORK (EFAW) 3 YEAR TRAINING & QUALIFICATION CYCLE			
PERIOD	COURSE	COURSE DURATION	CYCLE
Initial Course	Emergency First Aid at Work Course	1 Day	
Year 1	Refresher Course	3 Hrs	
Year 2	Refresher course	3 Hrs	
Year 3	EFAW Requalification Course	1 Day	

For more information or advice please call EFA Training on 01373 823424 and ask for Nigel.

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